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# Are you a newcomer youth who has something to say about mental health?

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## WHO?

If you are between the age of 16 to 25, live in Guelph-Wellington and have come to Canada in the last five years, you are invited to join a 90 minute online discussion with a group of 6-8 youth.

## WHAT?

We want to hear what is working well and not working well with mental health services and supports for newcomer youth and find ways to improve services in Guelph-Wellington.

*After participating in the focus group, you will receive a \$20 gift card. Your participation will help inform mental health services in Guelph-Wellington. What you say will be kept confidential.*

## WHEN?

\* register by clicking on the link below

### 16-19 year-olds

October 6, 4:30-6:00pm  
<https://focus-group1-age16-19.eventbrite.ca>

October 14, 7:00-8:30pm  
<https://focus-group3-age16-19.eventbrite.ca>

### 20-25 year-olds

October 6, 7:00-8:30pm  
<https://focus-group2-age20-25.eventbrite.ca>

October 15, 4:00-5:30pm  
<https://focus-group4-age20-25.eventbrite.ca>

Contact us to learn more:  
[gwlip@guelph.ca](mailto:gwlip@guelph.ca)

The study is led by the Guelph-Wellington Local Immigration Partnership along with the Centre for Community Based Research.



CENTRE FOR  
COMMUNITY  
BASED RESEARCH



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